



THE HORSE & JOCKEY



# SPA Pricelist





### About Elemis

**Elemis** has over 15 years experience in treating men and women in the professional spa environment. Their successful combination of natural active ingredients with cutting edge technology has enabled **Elemis** to bring to the market some of the most influential anti-ageing products and professional spa-therapies the beauty industry has ever seen. Offering an unparalleled experience, unique massage sequences and power – boosting facials, combined with the most potent actives available, ensure that dramatic visible results are achieved.

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### About Voya

**Voya** products try to capture something of the sea and bring it to you in the purest form as possible, whether it be the hand-harvested seaweed in our seaweed baths, renowned for its detoxing and skin moisturising effects; or the rejuvenating and repairing effects of our raw seaweed face mask, rich in mineral and oils from nature or organic body washes, face creams, soaps and body lotions which marry the finest organic ingredients. Not only do these ingredients restore and rejuvenate the mind, the careful blend of essential oils in each product balance the body and soul.

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## Facial Therapies

<b>Elemis</b> Taster Facial	30 mins	€45
<b>Horse&amp;Jockey</b> Skin Signature Facial	50 mins	€70
<b>Elemis</b> Tri Enzyme Resurfacing Facial	1 hr	€85
<b>Elemis</b> Advanced Facial	1 hr	€90
<b>Voya</b> Pick Me Up Facial	30 mins	€45
<b>Voya</b> Ocean Fresh Prescriptive Facial	50 mins	€65
<b>Voya</b> Organic Anti Aging Restorative Facial	1hr 10 mins	€90
<i>Add on Marine <b>Voya</b> Eye Compresses to any <b>Voya</b> Treatment</i>		€15

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## Body Therapies

### Body Wraps

<b>Elemis</b> Exotic Frangipani Body Nourish Wrap	45 mins	€60
<b>Voya</b> Organic Seaweed Leaf Wrap	1 hr 10 mins	€100

### Body Scrubs

<b>Elemis</b> Frangipani Salt Glow	45 mins	€55
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## Body Therapies

### Foot Therapy

<b>Elemis</b> Sole Delight Foot Therapy	30 mins	€45
<b>Voya</b> Seaweed Foot Ritual	30 mins	€45

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## Massage

Deep Tissue Muscle Melting Massage –Full Body	60 mins	€75
Deep Tissue Muscle Melting Massage –Back Neck @ Shoulders	30 mins	€45
Aroma Stone Fully Body Massage	70 mins	€100
Aroma Stone Back, Neck @ Shoulders Massage	30 mins	€55
Mother To Be Massage –Full Body Massage	60 mins	€85
Mother To Be Massage, Back, Neck @ Shoulders	40 mins	€55

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## Signature Treatments

### Horse & Jockey Spa Voya Signature Treatment

The **Voya** signature treatment treats the senses by beginning with a full back exfoliation @ massage, followed by a therapeutic neck, face and scalp massage using the unique organic **Voya** products. Releasing tension and promoting deep relaxation.

50 mins €65

### Horse & Jockey Spa Elemis Signature Treatment

Our indulgent **Elemis** signature treatment begins with exfoliation to the back followed by a hot stone back massage. The face is then treated to an **Elemis** booster advance facial with a relaxing frangipani oil massage to the arms, a treatment to relax the body and mind **Elemis** Signature Treatment

70 mins €85

## Afternoon Tea

Array of finger Sandwiches / Mini Fruit Scones /  
Miniature Treats served with Tea /Coffee or Prosecco  
Can be added to any treatment or package

from €16.50 pp



**NEW!**

Introducing  
the The New  
Generation of  
Anti-Ageing  
Facial Treatments!

5 Technologies.

*The Horse and Jockey is proud to be one of a small group of Irish spas to offer the revolutionary Elemis Biotec Technology. Introducing five standalone technologies in one machine, 100% of people who tested the Elemis Biotec trial felt there was a visible and dramatic reduction in lines and wrinkles.*

### Triple – Tec Anti-Wrinkle Facial

1 hr

€95

**The ultimate wrinkle- smoothing facial to rejuvenate ageing skin**

Targets face and eyes with the anti ageing benefits of the **Lines @ Wrinkle Activator**, an intensive complex of tripeptides, African birch bark and omega 3@6.

Skin is flooded with super –hyaluronic hydrators and re-energising amber, whilst microcurrent pulse lift and firm up the skin. **Light therapy** and **O2 infusion** help plump an smooth away visible fine lines and wrinkles.



### Mirco Firm A Lift Facial

1 hr

€95

**Super-lifting facial to help firm and tighten cheeks, neck and jaw line**

Skin is infused and stimulated by the contouring benefits of the **Lift Effect Activator**, rich in revolutionary plant stem cells and lupin.

**Microcurrent** pulses with arjuna extract and amber dramatically help lift and firm sagging jowl area, whilst **galvanic** current propels bio-active formulas deeper into the skin.



### Sonic Skin – Resurfacing Facial

1 hr

€95

**Revolutionary resurfacing facial to even skin tone, reduces blemish marks and smooth fine lines.**

Delivers a high- tech double peel with the Resurfacing Activator, infused with concentrated lactic and hyaluronic acid to help boost cell turnover. Ultrasonic peeling, steam and light therapy reveal a skin that is noticeably smoother with a more even tone, whilst minimising the appearance of blemish marks and fine lines.



### Sonic Skin-Radiance Facial

1 hr

€95

**Radiance-boosting, bio-electric facial to energise tired, dull and stressed skin.**

Target tired face and eyes with the brightening Radiance Activator, rich in anti-oxidants, hyaluronic acid and peptides. Ultrasonic vibrations draw impurities to the surface and exfoliate, whilst galvanic current with elderberry and orange flower extract re-energise and restore vital moisture. Skin appears more radiant and luminous, whilst helping reduce dark circles around the eyes.

**L.E.D. Blemish Control Facial**

1 hr €95

**Deep cleansing, light therapy facial to visibly clear and re-balance oily, blemish prone skin.**

Reduce breakouts and clear pores. Anti-Blemish Activator rich in anti-oxidants Rosalina, Lavender and Sweet Marjoram with a powerful combination of ultrasonic peeling, galvanic current and steam deeply cleanse exfoliate and re-balance an oily, congested skin. Clinically proven light therapy helps repair and reduce inflammation. Pore size is visibly reduced and the complexion clearer.



**O2 Sensitive Skin Soothing Facial**

1 hr €95

**De-sensitising anti-redness facial, to soothe and calm a delicate skin.**

Sensitivity and high colour are reduced with the extra-soothing properties of the Sensitive Activator. Rich in Allantoin, Willowherb and Frankincense it works in harmony with oxygen infusion and light therapy to deliver essential nutrients to the skin. Restoring balance and vital moisture levels, redness is visibly reduced and skin immediately comforted.



**Super-Charge Facial for Men**

1 hr €95

**High performance facial for men to de-grease, de-age and calm a stressed, dehydrated skin.**

Energise the skin with a complex formulation to firm, de-age and hydrate the skin, rich in Kalpariane Allantoin, and Salicornia. Whilst a powerful trio of steam, ultrasonic peeling and galvanic current deep clean, exfoliate and power-up the high-potency plant actives to help reduce all visible signs of ageing.





## Biotec

The New Generation of Facials has arrived – combining 5 technologies. Delivering immediate visible and longer – lasting results.

### **Hand embracing technology**

Elemis, unique Skin Lift TOUCH and the science of 5 in 1 bio-electric TECHNOLOGY work in perfect synergy with the skin's natural bio-electric field.

*Elemis Biotec introduces five standalone technologies in one machine; Ultrasonic Peel, LED Light Therapy, Galvanic Current, Microcurrent and Oxygen Infusion. Powerful plant actives work with the body's natural bio-electrical field and enhance the skins ability to rejuvenate, resurface and radiate.*

7 highly-effective, super-charged facial treatments target specific skin needs to reveal a new generation of facials for uncompromising results and client experience.

## SPA Packages

All Spa treatments and packages booked include full use of the leisure centre pool, sauna and steam room for 1 hour pre or post treatment.



**Enjoy a Lazy day with Voya** **1 hr 20 mins** **€95**

Enjoy their signature treatment (full back exfoliation & massage, followed by a therapeutic neck, face and scalp massage using unique organic **Voya** products) finish off with the **Voya** Seaweed foot ritual. Spend time out in our star lit relaxation area to dissolve all tension and restore inner peace. End the day by indulging in our sumptuous Afternoon Tea.

**Glorious Girls Day Out** **2 hrs 30 mins** **€155**

Refresher Facial, exotic lime and ginger salt glow, deep tissue muscle melting back massage, shellac polish on hand or feet.

**Detoxifier** **1 hr 45 mins** **€135**

**Voya** Seaweed Wrap and **Voya** pick me up facial.

**Ultimate Man** **1 hr 30 mins** **€110**

Refresher facial. Deep tissue muscle melting full body massage.

**Mum to Be Spa Day** **Approx 2 hrs** **€140**

**Elemis** nurturing Mum To Be Full Body Massage,  
**Elemis** Skin Specific Facial.

**Stress Reliever** **1 hr** **€65**

Body Scrub and deep tissue muscle melting back neck and shoulder massage.

**Pick Me Up** **Up 1 hr 30 mins** **Midweek | Weekend**

Start with a **Voya** pick me up facial followed by a blow dry @ Q\_Salon and finished with our sumptuous afternoon tea. **€70 | €75**

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*Remember to exfoliate at least 24 hrs prior to this treatment.*

*Wear loose dark clothes and have no products on the skin on arrival.*

Full Body Tan	€25
Upper or Lower Body Spray Tan	€18
Rapid Tan Full Body	€28
Rapid Tan Half Body	€20

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## Spray Tan

## Beauty Treatments

### Manicure and Pedicures

Luxury Manicure	€45
Luxury Pedicure	€55
Mini Manicure	€30
Mini Pedicure	€40
File and Polish	€15
File and French Polish	€20

## Beauty Treatments

Shellac 2 Week Manicure Color	€28
Shellac 2 Week French Manicure	€32
Shellac Removal	€10
<i>(Free removal for return shellac)</i>	

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### Make-Up

Fuschia Make Up Application	€30
Bridal Make-Up including Trial	€74
Hair & Make-Up Package	€50

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### Tints & Trims

*A patch test is essential 24 hours prior to a tinting & HD Brow treatment*

Eye Brow Shape	€10
Eye Brow Tint	€9
Eye Lash Tint	€14
Lash and Brow Tint	€20
Eye Lash Tint, Eye Brow Shape and Tint	€25
HD Brows	€30

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### Waxing & Threading

*A patch test is essential 24 hours prior to waxing treatment*

Full Leg and Bikini Wax	€40
Half Leg and Bikini Wax	€32
Lip and Chin Wax	€18
Eye Brow Wax	€10
Lip Wax	€10
Chin Wax	€12
Underarm Wax	€15
Arm Wax	€18
Half Leg Wax	€20
Full leg Wax	€30
Half Back Wax	€25
Full Back Wax	€45
Abdomen Wax	€10
Bikini Wax	€15

## Spa Etiquette

### Spa Opening Times

Our Spa is open from Monday to Sunday. Please check our opening hours on our website or alternatively give us a call on our Spa Direct Line 0504 33020.

### Reservations

We recommend that you book well in advance of your arrival to secure your treatment.

A credit card reference is required. 24 hours notice is required for all cancellations otherwise a 50% cancellation fee will be charged and a 75% charge for 'no shows'.

### Clothing Requirements

Robes @ Slippers are available at the Spa reception.

### Spa Environment

Our Spa environment is one of relaxation and tranquillity. Please respect all Spa Guests right to privacy and serenity.

We request that all mobile phones are switched off during your visit and noise must be kept to a minimum.

### Late Arrival

Please note that as a courtesy to all our clients, a prompt appointment schedule is adhered to and hence as a matter of course we are unable to honour late appointments for their whole duration.

### Valuables

Lockers are provided for your personal belongings.

### Health Conditions

Kindly advise us of any health conditions, allergies, injuries or if you are pregnant which could affect your treatment when making your Spa reservation.





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