



THE HORSE & JOCKEY

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Thursday 24th July

Homemade Vegetable Soup served with Brown Scone — €6.50

(1-Wheat, 3, 7, 9)

Panko Crumbed Mushrooms, Cashel Blue Cheese and Roasted Beetroot Salad — €7.50

(1-Wheat, 3, 7, 10)

TODAY'S SPECIALS

Roast Turkey, Herb & Onion Stuffing, Gravy & Cranberry Sauce — €15.50

(1-Wheat, 6, 7)

Chicken & Mushroom Vol au Vents, Salad & Chips — €15.00

(1-Wheat, 3, 7, 9)

Deep Fried Cod Goujons, Panko Crumb & Tartar Sauce

(1-Wheat, 3, 4, 7, 10, 12)

Martin O' Dwyer's Grilled Sirloin Steak, Creamy Peppercorn Sauce — €19.50

(7)

Served with Fresh Vegetables & Creamed Potatoes (7) or House Salad & Chunky Chips (1-Wheat, 10)

Suppliers: Crowe's Farm, Martin O' Dwyers Butchers, The Butcher's Daughter, Comfrey Cottage, Manor Farm Chicken, Limerick Fresh Foods, Ballycotton Seafood, Cashel Blue Cheese, Cooleeney Cheese

Please Note We Cannot Accommodate Split Billing For Groups Larger Than Four

SEASONAL SALADS

Chicken Caesar Salad, Parmesan, Crispy Bacon, Sourdough Croutons - Served with a Brown Scone — €15.50

(1-Wheat, 3, 4, 7, 10)

H&J Falafel Salad Bowl — €14.50

(1-Wheat, 11)

DESSERTS

Steamed Raspberry & Coconut Pudding, Custard & Cream — €6.50

(3, 7, 8-Almond)

Warm Traditional Apple Sponge served with Custard & Cream — €6.50

(1-Wheat, 3, 7)

Sticky Toffee Pudding, Vanilla Ice Cream, Toffee Sauce — €6.50

(3,7,8 Almond, 12)

Ice Cream Sundae: Soft Whip Vanilla

Ice Cream, Toffee Sauce, Pecan Crumble — €6.50

(1-Wheat, 3, 6, 7, 8-Pecan)

KIDS MENU - UNDER 12

Pasta served with Home-made Tomato Sauce, Parmesan Cheese — €7.50

(1-Wheat, 6, 7, 9, 13)

Roast of the Day served with Potatoes, Vegetables & Gravy — €7.50

(6, 7)

(only until 4pm)

Chicken Goujons and chips — €7.50

(1-Wheat) or Potatoes & Vegetables (7)

Martin O' Dwyer's Sausages and chips — €7.00

(1-Wheat 12) or Potatoes & Vegetables (7)

ALLERGENS: (1) CEREALS - GLUTEN (2) CRUSTACEANS (3) EGGS (4) FISH (5) PEANUTS (6) SOYABEANS (7) MILK (8) NUTS (9) CELERY (10) MUSTARD (11) SESAME SEEDS (12) SULPHUR DIOXIDE (13) LUPIN (14) MOLLUSCS