



THE HORSE & JOCKEY  
★★★★

Thursday 5th February

**Homemade Vegetable Soup served  
with Brown Scone — €6.50**

(1-Wheat, 3, 7, 9)

### TODAY'S SPECIALS

**Roast Beef, Homemade Gravy &  
Horseradish Sauce — €16.50**

(3, 6, 7, 10, 12)

**Thai Style Yellow Chicken Curry,  
Boiled Rice — €16.00**

(1-Wheat, 4, 5, 6, 7, 8, 9, 10)

**Martin O' Dwyer's Grilled Sirloin  
Steak, Creamy Peppercorn Sauce —  
€22.50**

(7)

**Deep Fried Cod Goujons, Panko  
Crumb & Tartar Sauce — €16.50**

(1-Wheat, 3, 4, 7, 10, 12)

Served with Fresh Vegetables & Creamed  
Potatoes (7) or House Salad & Chunky Chips  
(1-Wheat, 10)

### SEASONAL SALADS

**Chicken Caesar Salad, Parmesan,  
Crispy Bacon, Sourdough Croutons  
- Served with a Brown Scone —  
€15.50**

(1-Wheat, 3, 4, 7, 10)

**Panko Crumbed Mushrooms, Cashel  
Blue Cheese and Roasted Beetroot  
Salad — €9.50**

(1-Wheat, 3, 7, 10)

**H&J Falafel Salad Bowl — €14.50**  
(1-Wheat, 11)

Please Note We Cannot Accommodate Split  
Billing For Groups Larger Than Four

### DESSERTS

**Light Apple Sponge, Custard &  
Cream — €7.00**

(1-Wheat, 3, 7)

**Sticky Toffee Pudding, Caramel  
Sauce, Crispy Brandy Snaps, &  
Vanilla Ice-Cream — €7.50**

(1-Wheat, 3, 7, 12)

**Ice Cream Sundae: Soft Whip  
Vanilla Ice Cream, Toffee Sauce,  
Pecan Crumble — €7.00**

(1-Wheat, 3, 6, 7, 8-Pecan)

**Orange Chocolate Brownie,  
Chocolate Sauce, Pecan Crumb,  
Vanilla Ice-Cream — €7.50**

(1-Wheat, 3, 7, 8-Pecan)

### KIDS MENU - UNDER 12

**Roast of the Day served with  
Potatoes, Vegetables & Gravy —  
€8.00**

(6, 7)

**Pasta served with Home-made  
Tomato Sauce, Parmesan Cheese —  
€8.00**

(1-Wheat, 6, 7, 9, 13)

**Chicken Goujons & Chips — €7.50**

(1-Wheat) or Potatoes & Vegetables (7)

**Martin O' Dwyer's Sausages & Chips  
— €7.00**

(1-Wheat 12) or Potatoes & Vegetables (7)

Suppliers: Crowe's Farm, Martin O' Dwyers  
Butchers, The Butcher's Daughter, Comfrey  
Cottage, Manor Farm Chicken, Limerick Fresh  
Foods, Ballycotton Seafood, Cashel Blue  
Cheese, Cooleeney Cheese

**ALLERGENS: (1) CEREALS - GLUTEN (2) CRUSTACEANS (3) EGGS (4) FISH (5) PEANUTS  
(6) SOYABEANS (7) MILK (8) NUTS (9) CELERY (10) MUSTARD (11) SESAME SEEDS  
(12) SULPHUR DIOXIDE (13) LUPIN (14) MOLLUSCS**