



Thursday 5th February

Homemade Vegetable Soup served with Brown Scone — €6.50
(1-Wheat, 3, 7, 9)

TODAY'S SPECIALS

Roast Beef, Homemade Gravy & Horseradish Sauce — €16.50
(3, 6, 7, 10, 12)

Thai Style Yellow Chicken Curry, Boiled Rice — €16.00
(1-Wheat, 4, 5, 6, 7, 8, 9, 10)

Martin O' Dwyer's Grilled Sirloin Steak, Creamy Peppercorn Sauce — €22.50
(7)

Deep Fried Cod Goujons, Panko Crumb & Tartar Sauce — €16.50
(1-Wheat, 3, 4, 7, 10, 12)

Served with Fresh Vegetables & Creamed Potatoes (7) or House Salad & Chunky Chips
(1-Wheat, 10)

SEASONAL SALADS

Chicken Caesar Salad, Parmesan, Crispy Bacon, Sourdough Croutons — Served with a Brown Scone — €15.50
(1-Wheat, 3, 4, 7, 10)

Panko Crumbed Mushrooms, Cashel Blue Cheese and Roasted Beetroot Salad — €9.50
(1-Wheat, 3, 7, 10)

H&J Falafel Salad Bowl — €14.50
(1-Wheat, 11)

Please Note We Cannot Accommodate Split Billing For Groups Larger Than Four

**ALLERGENS: (1) CEREALS - GLUTEN (2)CRUSTACEANS (3)EGGS (4)FISH (5)PEANUTS
(6)SOYABEANS (7)MILK (8)NUTS (9)CELERY (10)MUSTARD (11)SESAME SEEDS
(12)SULPHUR DIOXIDE (13)LUPIN (14)MOLLUSCS**

DESSERTS

Light Apple Sponge, Custard & Cream — €7.00
(1-Wheat, 3, 7)

Sticky Toffee Pudding, Caramel Sauce, Crispy Brandy Snaps, & Vanilla Ice-Cream — €7.50
(1-Wheat, 3, 7, 12)

Ice Cream Sundae: Soft Whip Vanilla Ice Cream, Toffee Sauce, Pecan Crumble — €7.00
(1-Wheat, 3, 6, 7, 8-Pecan)

Orange Chocolate Brownie, Chocolate Sauce, Pecan Crumb, Vanilla Ice-Cream — €7.50
(1-Wheat, 3, 7, 8-Pecan)

KIDS MENU - UNDER 12

Roast of the Day served with Potatoes, Vegetables & Gravy — €8.00
(6, 7)

Pasta served with Home-made Tomato Sauce, Parmesan Cheese — €8.00
(1-Wheat, 6, 7, 9, 13)

Chicken Goujons & Chips — €7.50
(1-Wheat) or Potatoes & Vegetables (7)

Martin O' Dwyer's Sausages & Chips — €7.00
(1-Wheat 12) or Potatoes & Vegetables (7)

Suppliers: Crowe's Farm, Martin O' Dwyers Butchers, The Butcher's Daughter, Comfrey Cottage, Manor Farm Chicken, Limerick Fresh Foods, Ballycotton Seafood, Cashel Blue Cheese, Cooleeney Cheese