

THE COFFEE BAR

Soup of the day, Home-made Brown Scone €6.00

(1- WHEAT, 3, 9, 7)

Home-Made Seafood Chowder, Home-made Brown Scone €8.50

(1-WHEAT, 3, 4, 7, 9)

H&J Salad Bowl €14.50

Choose From: Falafel (I-Wheat, 10, 11) or Chicken (10, 11)

Savoury Cheese & Thyme Scone €2.80

(1- WHEAT, 3, 7)

Cooleeney Brie, Ham & Leek Savoury Tartlet €13.00

Served with Seasonal Salads

(1-WHEAT, 3, 7, 10, 11)

The Butchers Daughters Sausage Roll with Inch House Black Pudding €9.50

Served with Seasonal Salads

(1-WHEAT, 10, 11, 12)

Spinach Strudel €9.50

Served with Seasonal Salads

(1-WHEAT, 3, 7, 10, 11)

Open Ballycotton Smoked Salmon, Cream Cheese, Salsa Verde, Soda Bread €12.50

(1- WHEAT, 3, 4, 7, 10)

Chicken & Stuffing Sandwich, Ballymaloe Cranberry €7.50

Served with Carrot & Salad

(1- WHEAT, 3, 7, 6, 10)

Please see our counter for today's selection of freshly baked cakes. All goods are baked daily in our pastry kitchen. Take-away available from The Bakery Shop

BRUNCH BITES

Home-Made Pecan Granola Bowl	€6.50
Hayes Farm Yoghurt, Berry Compote & Fresh Fruit (1 - OATS, 6, 7, 8- PECAN, CASHEW)	
Overnight Oats	€6.00
Chia Seeds, Nutshed Peanut Butter, The Apple Farm's Apple Juice, Fresh Fruit & Granola (1-OATS, 5-PEANUTS, 8-CASHEWS, PECANS, 12)	
Home-Made Fruit Scone	€3.90
Crossogue Raspberry Jam, Whipped Cream (1- WHEAT, 3, 6, 7, 12)	
Fresh Fruit Salad, Whipped Cream	€5.50
+ Ice Cream (€6.50)	

DRINK SPECIALS

Solaris Herbal Tea	€3.50
Green Tea, Peppermint, Earl Grey, Chamomile	
Vanilla / Spiced Chai Latte	€4.50
+ Coffee €4.80 (7)	
Matcha Latte	€4.60
Iced or Hot (7)	
+ Syrup	60c
Toasted Hazelnut, Caramel, Vanilla, Strawberry, Honey	
O Connail's Hot Chocolate	€4.40
Milk & Dark (6, 7)	
Kids Hot Chocolate	€3.00
(6, 7)	
Iced Seltzers	€4.00
Hibiscus & Rose, Yuzu Premium or Cucumber Premium Soda	
Iced Tea	€3.00
Peach or Lemon	

ALLERGENS: (1)CEREALS - GLUTEN (2)CRUSTACEAN (3)EGGS
(4)FISH (5)PEANUTS (6)SOYABEANS (7)MILK (8)NUTS (9)CELERY
(10)MUSTARD (11)SESAME SEEDS (12)SULPHUR DIOXIDE
(13)LUPIN (14)MOLLUSCS