



Crabmeat & Spinach Open Sandwich 9.90
With Red Onion, on Home-made Brown Soda

Ballycotton Open Smoked Salmon 9.90
With Lemon & Dill Mayonnaise on
Home-made Brown Soda

St Tola Goats Cheese & Toasted Pistachio . . 9.00
Salad
Honey & Chilli Dressing, Homemade Brown Scone

Triple Decker 9.30
Chicken Breast, Crispy Bacon, Lettuce, Cucumber,
Tomato & Mayonnaise

BLT 7.50
Bacon, Lettuce & Tomato & Choice of White or
Brown Bread

Steak Baguette 10.40
Minute Steak, Lettuce, Tomato, Onion & Wholegrain
Mustard Mayo, Toasted Ciabatta

Chicken, Lime & Chilli Tortilla Wrap 8.00
toasted with Spinach, Tomato & Cheese

Toasted Special, Ballymaloe Relish 6.50
Home-baked Ham, Cheese, Tomato & Onion

Toasted Sandwiches 6.00
Ham, Tomato, Cheddar Cheese, Tuna or Chicken

Chicken & Stuffing Sandwich 7.50
with Ballymaloe Cranberry Sauce

Goats Cheese Ciabatta 8.20
St Tola Goats Cheese, Roasted Red Pepper, Spinach &
Home-made Pesto

Hot Joint of the Day Sandwich 7.00
Lunch Time Only

Open Sandwiches on Home-made Soda 6.60
Bread
Home-baked Ham or Chicken Breast with Egg Salad

Home-Baked Ham, Cheese, Roast Beef, 5.50
Tuna, or Chicken Sandwich

With Salad 6.00

All bread made in our in-house Bakery & from The Bake-house, Cashel. Gluten Free Bread & Wraps available on Request